

BE THE FIRST ONE



SONG: "I WANT TO BE THE FIRST ONE" by DARYL & DON ELLIS
 ALBUM: "NO SIR"
 ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.
 CHOREOGRAPHER: GORDON ELLIOTT. Sydney. NSW. AUSTRALIA. December 2009.

www.dancewithgordon.com

For a video demo walk thru by Gordon visit
<http://www.youtube.com/watch?v=ofWCc7JhsSc>

BEATS	STEPS: This dance is done in FOUR directions. Introduction : 16 Beats
1, 2 3, 4 5 & 6 7, 8	SIDE, BEHIND, SIDE, ACROSS, SIDE SHUFFLE, BACK, ROCK STEP R TO THE SIDE, STEP L BEHIND RIGHT, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT, SIDE SHUFFLE TO THE RIGHT STEP : R-L-R, STEP L BACK, ROCK FORWARD ONTO R.
1, 2 3, 4 5 & 6 7, 8 ##	SIDE, BEHIND, SIDE, ACROSS, SIDE SHUFFLE, BACK, ROCK STEP L TO THE SIDE, STEP R BEHIND LEFT, STEP L TO THE SIDE, STEP R ACROSS IN FRONT OF LEFT, SIDE SHUFFLE TO THE LEFT STEP : L-R-L, STEP R BACK, ROCK FORWARD ONTO L.
1 & 2 3 & 4 5, 6 7, 8	KICK BALL STEP, KICK BALL STEP, HIP, HIP, HIP, TOUCH KICK R FORWARD, STEP R TOGETHER, STEP L FORWARD, KICK R FORWARD, STEP R TOGETHER, STEP L FORWARD, STEP R FORWARD PUSH HIPS FORWARD, PUSH HIPS BACK, PUSH HIPS FORWARD, TOUCH L TOE TOGETHER.
1 & 2 3 & 4 5, 6 7, 8	KICK BALL STEP, KICK BALL STEP, HIP, HIP, HIP, TOUCH KICK L FORWARD, STEP L TOGETHER, STEP R FORWARD, KICK L FORWARD, STEP L TOGETHER, STEP R FORWARD, STEP L FORWARD PUSH HIPS FORWARD, PUSH HIPS BACK, PUSH HIPS FORWARD, TOUCH R TOE TOGETHER.
1, 2 3, 4 5, 6 7, 8	BACK STRUT, BACK STRUT, BACK STRUT, BACK STRUT STRUT : STEP R TOE BACK, DROP R HEEL TO THE FLOOR & CLICK FINGERS, STRUT : STEP L TOE BACK, DROP L HEEL TO THE FLOOR & CLICK FINGERS, STRUT : STEP R TOE BACK, DROP R HEEL TO THE FLOOR & CLICK FINGERS, STRUT : STEP L TOE BACK, DROP L HEEL TO THE FLOOR & CLICK FINGERS.
1, 2 3, 4 5, 6 7, 8	BACK, ROCK, PADDLE TURN, PADDLE TURN, PADDLE TURN STEP R BACK, ROCK FORWARD ONTO L, PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L.
1, 2 3 & 4 5, 6 7 & 8	ACROSS, SIDE, SAILOR STEP, ACROSS, SIDE, SAILOR STEP STEP R ACROSS IN FRONT OF LEFT, STEP L TO THE SIDE, SAILOR : STEP R BEHIND LEFT, STEP L TO THE SIDE, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT, STEP R TO THE SIDE, SAILOR : STEP L BEHIND RIGHT, STEP R TO THE SIDE, STEP L TO THE SIDE.
1, 2 3, 4 5, 6 7, 8	ROCKING CHAIR, SIDE, ROCK, TOUCH, CLAP ROCKING CHAIR : STEP R FORWARD, ROCK BACK ONTO L, STEP R BACK, ROCK FORWARD ONTO L, STEP R TO THE SIDE, SIDE ROCK ONTO L, TOUCH R TOGETHER, HOLD & CLAP.
64	REPEAT THE DANCE IN NEW DIRECTION
	RESTART : On WALL 2 dance to BEAT 16 (##) then restart facing 3.00